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Cowgirl Twist

32 count, 4 wall, Beginner

Choreographer Bill Bader (Canada)

Choreographed To
Walk On Faith by Mike Reid; Blame It On Your
Heart by Patty Lovless; I Feel Lucky by Mary
Chapin Carpenter
Beats per Minute 160

Section 1 Heel Struts Forward.

- 1 - 2 Step Right Heel Forward. Drop Right Foot To Floor.
- 3 - 4 Step Left Heel Forward. Drop Left Foot To Floor.
- 5 - 6 Step Right Heel Forward. Drop Right Foot To Floor.
- 7 - 8 Step Left Heel Forward. Drop Left Foot To Floor.

Section 2 Stroll Back, & Heel Toe Swivels Left.

- 9 - 11 Step Back - Right, Left, Right.
- 12 Stomp Left Beside Right.
- 13 - 15 Swivel Heels To Left, Toes To Left, Heels To Left.
- 16 Hold And Clap.

Section 3 Heel Toe Swivels Right & On The Spot.

- 17 - 19 Swivel Heels To Right, Toes To Right, Heels To Right.
- 20 Hold And Clap.
- 21 - 22 Swivel Heels To Left. Hold And Clap.
- 23 - 24 Swivel Heels To Right. Hold And Clap.

Section 4 Heel Swivels, Step 1/4 Turn.

- 25 - 28 Swivel Heels - Left, Right, Left. Hold And Clap.
- 29 - 30 Step Forward Right. Hold.
- 31 - 32 Pivot 1/4 Turn Left. Hold.

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